

SWANSEA DRUG NOTES NO. 7 HELP AGENCIES

LOCAL SPECIALIST AGENCIES

Swansea Drugs Project (SAND)

8 Calvert Terrace,
Swansea SA1 6AR

(01792) 472002

Street Agency. Advice, information, help and support to drug users.

West Glamorgan Council on Alcohol and Drug Abuse (WGCADA)

40 St James Crescent
Swansea SA1 6DR

(01792) 472519

'12 Step' treatment agency for alcohol and drug users.

Community Drugs and Alcohol Team Swansea

Cwmbwrla Health Centre, Caebricks Road
Swansea SA5 8NS

(01792) 654630

Secondary treatment for drugs and alcohol including 'dual diagnosis'.
Written referrals from GPs, agencies etc. No self-referrals.

Tegfan Detoxification Ward

Cefn Coed Hospital, Waunawlydd Road,
Swansea SA2 0GH

Detoxification unit for drugs and alcohol.

Written referrals from GPs, agencies etc. No self-referrals.

Primary Substance Abuse Liaison Team (PSALT)

Specialist GP service providing prescribing treatments for people with addiction problems.

Written referrals from GPs, agencies etc. No self-referrals.

PRISM

Alcohol and drugs education. Also involved in work with Swansea Prison. Referrals from the Probation Service.

DRUGS and ALCOHOL HELP AGENCIES

Over the past 15 years there has been a huge increase in the numbers of people using all sorts of substances. They are taken in every area and by all age groups and social classes. Despite this, accurate information is not always easy to find and yet it is crucial that people know what they are taking and the consequences – whether it's a prescribed medicine, alcohol or illegal drugs.

This leaflet provides the telephone numbers and contact addresses for the main agencies that can give information, advice and help to anyone affected by alcohol and drugs in Swansea. It also gives the contact numbers for some of the national agencies.

DON'T PANIC!

Just because someone drinks alcohol does not make them an alcoholic. Just because someone takes illegal drugs does not make them an addict.

Conversely, just because someone is **not** an alcoholic doesn't mean they can't do themselves harm from drinking. Just because someone is not an addict doesn't mean they can't do themselves harm from drug use.

Getting the facts straight should be the starting point for anyone who is concerned about the problems which substances can cause. These agencies can help.

NATIONAL AGENCIES

National Drugs Helpline

(24 hours, 7 days per week, Freephone)

Advice and help

0800 776600

Release

(24 hours, 7 days per week)

Legal helpline

0207 603 8654

Drinkline

(Monday – Friday, 9–11, Freephone)

Advice

0800 9179282

Alcoholics Anonymous

General Office

01904 644026

Narcotics Anonymous

Contact

0207 251 4007

OTHER LOCAL SERVICES

These services may also be able to provide help and support.

General Practitioner Service (Family Health Services Authority)

01792 458066

You can ask your GP any question about substance misuse in complete confidence. However many GP's prefer to refer to one of the specialist services.

Swansea Social Services

01792 636000

Teams in all areas deal with children at risk, families, adults with learning disabilities, people with mental health problems and the physically disabled and the elderly.

They have an interest in substance use throughout these areas.

West Glamorgan Probation Service

01792 645505

The Probation Service deals with offenders on orders from court. It has particular

concern on drug and alcohol related offending and works in partnership with the specialist agencies.

South Wales Police

01792 456999

For all matters relating to crime and the law.

GUM Clinic

01792 205666

Confidential service for sexual health concerns including HIV and AIDS treatments.

Samaritans

01792 655999

There is a local service of the national helpline for people who are depressed or suicidal.

MIND

(01792) 642999

There is a local service providing a range of support to people with mental health problems.

Swansea Drugs Notes

A series of information leaflets published by

Swansea Local Action Team. (LAT)

(Co-ordinating substance misuse prevention, education and treatment)

Written by staff of the

Swansea Drugs Project (SAND)