

Alcohol Free Cocktails

<p>SUNDANCE</p> <p>1 Part Grape Juice 1 Part Ginger Ale Cherries</p> <p>Mix well with ice in a cocktail shaker or screw top jar. Strain into a cocktail glass. Decorate with a cocktail stick and cherry</p>	<p>PUNCH</p> <p>1 Part red Grape Juice 2 Parts Ginger Ale 2 Parts sparkling White Schloer Slices of fruit</p> <p>Put all drinks into a punch bowl. Garnish with slices of fruit</p>
<p>STRAWBERRY FROST</p> <p>10oz can of strawberries in juice 4 fl. oz. lime juice ½ pint lemonade</p> <p>Blend until lovely and frothy. Pour into a jug and pop in a few ice cubes</p>	<p>TASTE OF PASSION</p> <p>¾ pint pineapple juice ½ pint orange juice ½ pint sparkling spring water 2 passion fruit</p> <p>chill fruit juices and spring water. Halve passion fruit. Scoop seeds into jug. Add Juices and water. Mix well and then serve in tall glasses with ice</p>
<p>APPLE ICE</p> <p>1 Part Vanilla Ice Cream 2 Parts Apple Juice Freshly Ground Nutmeg Whipped Cream for Topping</p> <p>Put Ice-cream into a blender and blend a little. Add Apple Juice and a generous sprinkling of ground nutmeg. Blend until frothy. Top with Whipped Cream sprinkled with a little nutmeg</p>	<p>SPOTLIGHT</p> <p>2 Parts Apple Juice 1 Part Ginger Ale Dash of Lemon Juice Dash of Lime Juice cordial</p> <p>Half fill a cocktail Glass with apple juice, add a dash of lemon and lime Top up with ginger ale. Chill Well</p>

<p>ROCK LIME</p> <p>1 Part Lime Juice 9 Parts Bitter Lemon</p> <p>Fill a glass with crushed ice Add a few dashes of lime Fill up the glass with the bitter lemon Decorate with lemon/lime slices</p>	<p>SPARKLER</p> <p>1 Part Orange Juice 1 Part Pineapple Juice. 1 Part Grapefruit Juice 1 Part Soda Water Squirt of 1 fresh Lemon</p> <p>Mix fruit juices together in a jug and chill until required. Add soda water just prior to serving. Serve in Tall Glasses with Orange and Lemon slices and a sprig of mint</p>
<p>APPLE GINGER</p> <p>3 Parts Apple Juice 2 Parts Bitter Lemon 1 Part Ginger Ale</p> <p>Mix all ingredients in a mixing glass. Pour over ice in a tall glass. Garnish with a slice of red skinned apple and a slice of lemon. Serve with two straws.</p>	<p>LOW CALORIE QUENCHER</p> <p>1 BOTTLE SPARKLING APPLE JUICE 1 BOTTLE MINERAL WATER SLICES OF LEMON ICE</p> <p>CHILL THE SPARKLING APPLE JUICE AND MINERAL WATER. WHEN READY TO SERVE MIX EQUAL AMOUNTS IN A TUMBLER GLASS, ADD ICE AND TOP WITH A TWIST OF LEMON.</p>
<p>BANANA BONANZA</p> <p>3/4 Pint Ice Cold Milk 1 Banana 1 Scoop of Vanilla Ice Cream ! tsp Sugar (if required)</p> <p>Blend all the ingredients. Serve in a tall glass with a fat striped straw.</p> <p>Variation: Turn into a banana eggflip by substituting egg for icecream. Halve the amount of milk and ice cubes.</p>	<p>EARLY RISER</p> <p>1 Part Prune Juice 1 Part Apple Juice 1 Part Natural Yoghurt</p> <p>Thoroughly chill all ingredients and blend with ice. Pour into tall glasses.</p>

<p>ST. CLEMENTS</p> <p>1 Part Orange Juice 1 Part Bitter Lemon Orange and Lemon slices</p> <p>Half fill a glass with chilled orange and top up with slices of orange and lemon.</p>	<p>MOCK MARTINI</p> <p>To make short dry drink, very like the real thing</p> <p>5 Parts tonic water 1 Part lime juice cordial Lemon slices Olive</p> <p>Pour tonic and lime over ice. Garnish with a slice of lemon and an olive. Wait a little before drinking to allow the flavour of the garnish to have its effect.</p>
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